

The Big Get-Together

our conference for everyone with a bleeding disorder
Saturday 16 November 2024, Leicester Marriott Hotel
DRAFT AGENDA



09.00 - 09.30am	Registration and refreshments		
	Youth Workshop begins at 09:30		
09:30 - 09:45am	Welcome - Room name Kate Burt - Chief Executive		
10.00 - 11.00am Parallel sessions	Room name	Room name	Room name
	Haemophilia track Treatments - what's new?	von Willebrand disorder track Led by VWD working group	Rare and Bleeding Disorder Unknown Cause (BDUC) track Led by Rare and BDUC working group
11.00 - 11.30am	Refreshment break		
11:30am - 12:30pm Parallel sessions	Room name	Room name	
	Update on the Infected Blood Inquiry Participants will have the opportunity to engage in an open forum with our public inquiry team	Physical Activity for People with Bleeding Disorders A physiotherapist will guide attendees through safe exercise practices tailored for those with bleeding disorders and learn the importance of physical activity. The session will conclude with a physio exercise class, demonstrating effective routines to keep joints healthy and enhance physical fitness.	
12:30 - 1.30pm	Lunch		
1:30 - 2.30pm	Annual General Meeting - Room name		
2.30 - 2.40pm	Interval between sessions		
2.40 - 3.40pm Parallel sessions	Room name	Room name	
	Psychological Resilience for People with Bleeding Disorders with Dr Hester Bancroft Interactive workshop designed to support people with bleeding disorders by addressing the unique psychological challenges they face. Engage in activities that promote mental well-being, resilience, and coping strategies. The session will cover stress management techniques, the importance of social support, and methods for enhancing emotional health. Through group discussions and guided reflections, attendees will gain practical tools to better manage the psychological aspects of living with a bleeding disorder.	Dental Workshop Hands-on practical session to teach basic oral health prevention to participants and to teach them basic skills. Also hear directly from patients about their experiences.	
3.40 - 4.10pm	Refreshment break		
4:10 - 4:20pm	Youth Ambassador Debates - Room name		
4:20 - 4.50pm	SACRed Project Report Update - women and girls with bleeding disorders - Room name Jeff Courtney - THS Policy and Public Affairs Manager		
4.50 - 5:20pm	Recognition Awards and closing remarks - Room name		
5:30 - 7:00pm	Networking drinks reception		